



Thinking and View of Yourself

To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Dave kicked off 2022 and a brand-new series called *Rethinking Your Life* by talking about how we think about almost every aspect of our life: ourselves, our faith, the Church, our finances and our relationships. We learned that life change requires mind change and that only happens through redirecting and refocusing your mind. The rest of the world pursues life as if this world and this life is all there is. The follower of Jesus pursues life, understanding the best is yet to come.

*"You must reject common thinking
if you want to accomplish uncommon results."* John Maxwell

- ◆ How would you describe "common thinking"? In what way has this held you back in your quest for uncommon results in life?

Let's review the points from the message Sunday:

1. Redirect your mind

- ◆ Why is transformation (Romans 12:2) so important when it comes to redirection?
- ◆ In what way is a mind redirection important especially in today's day and age?

2. Focus on forgiveness

- ◆ What role does forgiveness, in terms of a salvation commitment, play in refocusing our minds?

- ◆ Are you allowing your relationship with Christ to genuinely impact the way you think and live? Are you experiencing progress in your faith?

3. Focus on truth

- ◆ In what way is it difficult to focus on truth in today's culture?
- ◆ In what way is focusing on biblical truth contrary to that of our society?

4. Focus on forever

- ◆ What relationship should exist between being heavenly and earthly minded?
- ◆ What danger is there in being strictly earthly minded?

Now what?

- ◆ What changes need to be made in your life and within your faith in order to experience a mind change?
- ◆ What do you need to focus on more in order to bring about this mind change?

Three Essential Questions

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*