

Giving Up on God



To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Nick continued our "Giving Up on God" series by talking about fear. Fear is something that we all battle, especially around this time of year. We learned that fear is a very powerful thing that can easily keep us from something greater God has for us. Maybe fear has messed up something good God was doing in your life. What if you could defeat your fear? What would life be like if you fought your fear and won? We learned more about what fear does and, in turn, who Jesus is. Fear paralyzes our potential while Jesus is provider, powerful, present and peace.

*"Fear focuses on the size of the storm.
Faith focuses on the strength of the Savior."*

- ◆ When was a time where fear occupied too big a space in your mind?
- ◆ In what way has your faith helped in overcoming your fears?

Let's review the points from the message Sunday:

1. Realize what fear does

- ◆ What are the physical and spiritual implications of giving into fear?

2. Remember who Jesus is

Jesus is provider

"Sometimes our biggest problem isn't the problem we face but the lack of counting our blessings along the way."

- ◆ What impact does Jesus' role as provider have on your fears?
- ◆ What relationship do our blessings from God have with our fears? What relationship could they have?

Jesus is powerful

- ◆ In what way does Jesus' infinite power cast your fear in a different light?

Jesus is present

- ◆ In what way does Jesus' presence change your perspective on fear?
- ◆ In what way(s) do you need to lean into His presence in the midst of your struggle?

Jesus is peace

- ◆ In what way have you experienced the peace of Jesus in the midst of fear?
- ◆ In what way do Jesus' words in John 16:33 provide you peace?

Now what?

- ◆ What is your greatest fear that you need to give over to God?
- ◆ Who is going to hold you accountable in doing this?

"If you want to walk on water, you gotta get out of the boat."

Three Essential Questions

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*