



## Defining Moments: Rahab & Jephthah

### MAIN POINT:

Faith overcomes rejection and shame!

### KEY VERSE:

“By faith the prostitute Rahab, because she welcomed the spies, was not killed with those who were disobedient. And what more shall I say? I do not have time to tell about Gideon, Barak, Samson and Jephthah, about David and Samuel and the prophets, who through faith conquered kingdoms, administered justice, and gained what was promised; who shut the mouths of lions, quenched the fury of the flames, and escaped the edge of the sword; whose weakness was turned to strength; and who became powerful in battle and routed foreign armies.” Hebrews 11:31-34

### BRING IT UP:

On Sunday, Pastor Nick continued in our Defining Moments series by talking about Rahab and Jephthah’s entries into the Hall of Faith specifically by talking about overcoming rejection and shame. We talked about how hard it is to “get over it”. Whether it’s rejection, guilt or shame, it seems like we all struggle with moving on from a low point almost to the point where it paralyzes us from future endeavors. We were encouraged to move past your past by moving past rejection, resentment and regret.

- ◆ What was your biggest takeaway from the message Sunday?

### TALK IT OVER:

- ◆ Describe something that you had difficulty getting over.
- ◆ Is there a time where you experienced a defining moment in your life by getting past a part of your past?

The truth is that we all have something in our past that we need to get past. Whether it’s pain, rejection or shame, we all have something that holds us back from becoming all that God created us to be.

[Read Hebrews 11:31-34]

- ◆ What was the past that Rahab and Jephthah each had to overcome?
- ◆ What was the ultimate impact of each of them moving past their past?

### THINK IT THROUGH:

#### Move past rejection

- ◆ What is a form of rejection that has stuck with you?
- ◆ In what way would you encourage someone to overcome rejection in their life?

#### Move past resentment

- ◆ In what way is resentment contrary to God’s plan for humanity?
- ◆ Would you be so bold as to admit that you have resentment that you need to release?

#### Move past regret

- ◆ What is something in your life that you would do differently if you had the opportunity?
- ◆ In what way have you experienced the forgiveness of Christ as a boost to overcome regret in your life?

### WORK IT OUT:

As you conclude your group time, pray for each other and the past that you need to each overcome. Also, encourage your group to dream of what a future would look like with everyone moving past their pasts!